

POSITIVE VOICES

monthly

A MONTHLY COMMUNITY UPDATE
FROM THE HEADQUARTERS OF THE CENTER
FOR POSITIVE CONNECTIONS
JULY 2006



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hours of operation:
Mon.-Thurs. noon-9pm • Fri. closed

SUPPORT CORNER

THERE'S SOMETHING FOR EVERYONE

MIAMI SUPPORT GROUPS

GRUPO DE APOYO EN ESPAÑOL
Every Monday • 7-9 pm

SPANISH FAMILY & FRIENDS
4th Monday of month • 7-9 pm

**GRUPO DE APOYO EN ESPAÑOL
PARA HOMOSEXUALES**
Every Tuesday • 7-9 pm

HETEROSEXUAL SUPPORT GROUP
Every Wednesday • 7-9 pm

HETERO & FAMILY & FRIENDS SUPPORT GROUP
1st Wednesday of month • 7:30-9 pm

GAY SUPPORT GROUP
Every Tuesday • 7-9 pm

WOMEN'S SUPPORT GROUP
4th Saturday of month • Dinner 7-9pm
Dinner sponsored by various pharmaceuticals

GROUPS FUNDED BY RYAN WHITE TITLE I & CDBG/CITY OF N. MIAMI/DCF

TAMPA Socials Third weekend of the month

Meet at various locations in Tampa area.
Call Brian for details. Cell: 727-458-1249
Email: PosConnTampaBay@aol.com
Web: www.poscontampabay.com
Or call TCPC at 1-888-pos-conn(767-2666).

NEW YORK Hetero Support Group

Want a support group in NYC? Call Sheri at TCPC:
1-888-pos-conn(767-2666). Find out how to help.

TCPC MEMBERSHIP POLICY DUES / FEE STRUCTURE

Yearly dues: \$20, and for those not working or on disability \$10. We ask for your continued support so we can keep providing holistic and social support service programs that the government funding sources do not financially support. We will never turn anyone away due to lack of funds.

Holistic and other services due when signing in.

- Body Work (Reiki, Cranial, Trager etc.): \$5 per session. Massage: \$10 per session.
- Acupuncture, Haircuts: \$5 per session
- Suggested donation for individual mental health counseling for those not on Ryan White: \$5.
- Social activities: \$5 per ticket due on sign-up.

A quick review of activities at the Center.

Socials Activities

- **Thursday, July 13th • 8pm. THE MYSTERY OF IRMA VEP**, Actors Playhouse, 280 Miracle Mile, Coral Gables. A hysterical comedy destined to leave you breathless with laughter! Lady Enid, the new bride of noted Egyptologist Lord Edgar, is having a hard time adjusting to life in Mandacrest Mansion. The portrait of his previous wife, Irma Vep, is watching her every move, as are shiftily servants and a mysterious stranger prowling the moors surrounding her home. 15 tickets. For additional tickets call 305-444-9293 www.actorsplayhouse.org. **Sponsored by Actors Playhouse and MAC AIDS FUND.**
 - **Thursday, July 13th • 8pm. JUBILANT SYKES**, Coral Gables Congregational Church, 3010 De Soto Blvd., Coral Gables (Across from the Biltmore Hotel). Baritone Jubilant Sykes has won the attention and respect of the world's finest conductors, symphonies, and opera companies, including Kurt Masur and the New York Philharmonic, the Chicago Symphony, the Metropolitan Opera, and the Cleveland Orchestra. Summer Concert Series recital from Schumann to Showboat and explore a fascinating repertoire: from classical and spirituals to early Broadway. Ten tickets. For additional tickets 305-448-7421 www.communityartsprogram.org. **Sponsored by Coral Gables Congregational Church and MAC AIDS FUND**
 - **Wednesday, July 19th • 1:05pm. Florida Marlins vs. Washington Nationals**. Pro Player Stadium, Miami. 30 tickets. For additional tickets call 305-623-6497 www.floridaMarlins.com. **Sponsored by the Florida Marlins and MAC AIDS FUND**
 - **Saturday, July 22nd • 5pm. Coral Castle**, 286 S. Dixie Highway, Homestead. Coral Castle is on the National Register of historic places and an amazing place to visit. Edward Leedskalnin, out of obsessed love for a young girl, built this coral monument for her. The question remains, how could he have carved and moved over 1100 tons of rock without any human assistance? Coral Castle has baffled scientists, engineers and scholars since its opening in 1923. Fifteen tickets for members of Positive Connections with private tour guide. For additional tickets call 305-248-6345 www.coralcastle.com. **Sponsored by Coral Castle and MAC AIDS FUND.**
- COMING IN AUGUST** Shakespeare Much Ado About Nothing, Marlins vs Dodgers

New Holistic Services

- **Vedic Astrology Mini Sessions** Tuesdays 1pm-6pm (Beginning July 10th) by appointment. Vedic Astrology is based on the stellar and planetary energies at the precise moment and location of birth. These energies are drawn up in the birth chart, usually calculated today by computer and interpreted by a skilled astrologer. These energies are said to reflect the karma of the individual soul from past lives. Plus, it can be an entertaining and surprisingly accurate study! **Lawrence Huff** is an educator and teacher of Yoga and meditation. He has taught meditation since 1973 in the US, Central America and Mexico. He is a certified teacher in yoga and meditation.
- **Drop-In Meditation Class** Tuesdays, 12 noon-1pm & 6pm-7pm (Beginning July 11th). A refreshing experience of soul expansion, brain wave harmony and refreshing restfulness in the nervous system. We will be led into the meditative state in an effortless, natural way by **Lawrence Huff** who will provide the tools to do it successfully at home as part of a daily health routine. Classes start promptly at 12noon and 6pm. Please do not eat a meal right before classes.
- **WELCOME:** Evelyn Lopez, LMT, Reiki Master; Hynotherapist Doug Murphy, CH, Cynthia Andeley, LAP, RN, Marylee Tupling, LAP

Educational Dinner Lecture

- **Tuesday, July 25th • 7-9pm at the Center. The Infinite Power of Your Mind is Called upon through Hypnosis** This workshop is designed to introduce the power of hypnosis, commonly used for overcoming fears, obstacles, reduction of stress, breaking unwanted habits or patterns, relaxation, enhancing motivation and self-image, pain management, improved health and well-being. Facilitated by Douglas L. Murphy, CH, a nationally certified Hynotist and Personal Transition Specialist. During this session, you are not "asleep" and will be in control at all times. The state of hypnosis can best be described as a "deeply focused form of concentration, often resulting in ultimate relaxation."

Save the date! Help us celebrate our 11th Anniversary with a Fun-raiser



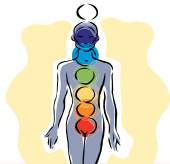








- **Friday, August 11th** at Wherehouse 2016, a unique, North Miami Beach art-filled warehouse with extraordinary lighting effects and a huge dance floor. Event includes silent auction, raffle giveaways, buffet, music and psychic and tarot readings. More details to follow.

Cruise Event. DON'T MISS OUR ANNUAL CRUISE! MID-AUGUST DEADLINE

- **Ninth Annual POZ – Cruise Retreat** October 21-29, 2006. Sail on Norwegian Cruise Lines "Norwegian Star" for an eight-day RETREAT starting and ending in Los Angeles. Offered by www.powerusa.org and TCPC. Depart from Los Angeles to the Mexican Riviera. Ports of call: Acapulco, Puerto Vallarta, Ixtapah/Zijuatenejo, and Cabo San Lucas! **60 people signed up. Choice cabins going fast.** Call travel agent Paul Stalbaum: 800-735-0401, ext. 241 or email paul@universal-travel.com or TCPC: 888-pos-conn (767-2666); 305-891-2066 oremail@positiveconnections.org

Check out our website: www.positiveconnections.org

TCPC Policy: \$5 per ticket fee for all members wanting to attend the Social Activity shows. Please pay when signing up. Social activity tickets will be made available to dues paying members first. All others will be placed on standby. RSVP to 305-891-2066 or email@positiveconnections.org

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 July 2006	<p>The Center for Positive Connections provides emotional, educational, social support & holistic services to the HIV infected community, targeting heterosexuals, newly diagnosed and affected family and friends. We serve all those infected regardless of sex, race, economic status, religious beliefs or sexual orientation. <i>Please bring proof of status, residency and income to join and continue receiving services at TCPC.</i></p> <p>All activities are held at the Center unless otherwise indicated. Reservations are necessary for all events.</p>	<p>WELCOME Cynthia Andely, LAP, RN Marylee Tupling, LAP Doug Murphy, CH</p> 	<p>Massage Mental Health</p> 	<p>Center Closed</p> <p>Remember... Reservations are required for all activities 305-891-2066 And please call and cancel if you cannot attend.</p>	<p>Please consider 1 volunteering at the Center</p> <p>Printing sponsored by Adorno & Yoss</p>	
 SAVE THE DATE! August 11 Help celebrate TCPC's 11th Anniversary	<p>Mental Health 3 Spanish Support Group 7-9pm</p> <p>Development Committee Meeting 7pm</p> 	 Happy Fourth Center Closed	<p>Mental Health 5 Acupuncture • Hypnosis Hetero Family & Friends Support Group 6:30-9:30pm</p>	<p>Acupuncture 6 Mental Health Massage</p> 	<p>Center Closed 7</p> <p>CENTER HOURS Noon-9pm Monday through Thursday Closed on Friday</p>	<p>Check out our website for the latest info www.positiveconnections.org</p>
<p>WANTED: 9 Volunteer Massage Therapists & Acupuncturists PLEASE</p> 	<p>Mental Health 10 Spanish Support Group 7-9pm</p> 	<p>NEW Astrology Sessions 1-6pm 11 Reiki • Body Talk Mental Health • Trager Medical Intuitive NEW Meditation Class Noon-1pm & 6-7pm Gay Support Group 7-9pm Gay Spanish Support 7-9pm</p>	<p>Mental Health 12 Acupuncture • Hypnosis Nutritionist Hetero Support Group 6:30-9:30pm</p>	<p>Mental Health 13 Acupuncture • Massage THE MYSTERY OF IRMA VEP Actors Playhouse • 8pm JUBILANT "BARITONE" CGCC • 8pm</p> 	<p>Center Closed 14</p> <p>Call us about 15 our Fall Cruise.</p> 	
<p>THE PET PROJECT: 16 A FOOD BANK FOR YOUR PETS. Call the Center for info</p> 	<p>Mental Health 18 Spanish Support Group 7-9pm</p>	<p>Reiki • Body Talk Mental Health • Trager Astrology • Meditation Gay Support Group 7-9pm Gay Spanish Support Group 7-9pm</p> 	<p>Hypnosis • Acupuncture Mental Health Nutritionist Hetero Support Group 6:30-9:30pm Marlins vs Nationals 1:05pm • Pro Players</p>	<p>Center Closed 20 Services available off-premises: WEDNESDAYS Chakra Chiming TUESDAYS Medical Intuitive Contact the Center</p> 	<p>GROUP TOUR OF CORAL CASTLE 15 tickets • 5pm</p>	
<p>MENTAL HEALTH SERVICES available in English or Spanish, for Individuals, Couples and Families</p>	<p>Mental Health 23 Spanish Family & Friends Support Group 7-9pm</p>	<p>Reiki • Body Talk Mental Health • Trager Medical Intuitive Gay Support Group 7-9pm Gay Spanish Support 7-9pm</p> <p>LOOK EDUCATIONAL LECTURE Understanding Hypnosis 7-9pm</p>	<p>Reiki • Hypnosis 26 Acupuncture • Mental Health • Nutritionist Manicure/Haircuts Hetero Support Group 6:30-9:30pm This month's Birthday celebrations</p> 	<p>Center Closed 21 Mental Health Acupuncture</p> 	<p>Ray Ray's Jazz MOCA GIRL TALK Women's Support Group Dinner 7-9pm</p> 	
<p>Mental Health 28</p>	<p>Mental Health 29 Spanish Support 7-9pm</p>	<p>Center Closed 28</p>	<p>Center Closed 29</p> <p>Social Activity Policy: \$5 fee per ticket. Only members with dues paid up to date may purchase tickets. Please pay when signing up.</p> 	<p>Center Closed 28</p>	<p>Center Closed 29</p>	

COMING SOON: MARLINS VS. LA DODGERS • CRUISE DEADLINE AUGUST 1 • 8/11 TCPC'S 11th ANNIVERSARY AT THE WAREHOUSE